Goal 9: Children develop positive relationships with adults



BABIES MAY

- Quiet when comforted.
- Show preference for familiar adults (reaches for mom when she comes home).
- Establish and maintain interactions with adults (cries out and then laughs when adult responds.)
- Imitate familiar adults (smiles when adult smiles).
- Engage in simple back and forth interactions with a familiar adult (Peek-a-Boo, touches face, makes sounds to engage, follows the gaze of an adult to an item).



MOBILE BABIES MAY

- Become upset when separated from familiar adults.
- Seek comfort from a familiar adult when upset or tired.
- Respond to adult's verbal greeting (waves and smiles).
- Engage with adults during play (puts shapes in shape sorter).
- Respond positively to adult help most of the time.
- Use familiar adult as a "secure base" to explore (looks to adult for indication of appropriate and inappropriate behavior).



TODDLERS MAY

- Looks to adults for help and responds to offers of help from familiar adults (takes hand to walk to car).
- Follow directions with support ("Let's go brush our teeth.").
- Initiate interactions with adults (brings favorite book to the adult).
- Communicate thoughts and feelings, likes and dislikes ("I want more,", "No").
- Seek independence (helps with dressing self).
- Follow basic safety guidelines (walks with adult when near street).

- Separate from primary caregiver with help from familiar adult (consistent adult is at the door with a smile and a high five).
- Express affection for significant adult ("I love you.").
- Use familiar adults when engaging new adults (Stays close to mom and makes minimal eye contact with new adult).
- Follow directions and rules with minimal support (puts on coat and boots, settles in car seat).
- Ask questions of adults to obtain information ("Why are we doing this?").
- Follow directions in different environments with minimal support ("Remember we use our whisper voices in the library.").

Goal 10: Children develop positive relationships with other children



BABIES MAY

- Show interest in and imitate other babies.
- Recognize children (vocalizes when familiar child enters room).
- Respond positively to other children (smiles and laughs).
- Play near other children (solitary and parallel play.)
- Respond to upset child (becomes upset when another child cries).
- Engages in back and forth interactions (one baby splashes water and the other baby laughs and then splashes water).



MOBILE BABIES MAY

- Show interest in children (moves closer, offers a toy, vocalizes to get attention of child).
- Engage in problems regarding possession of items (takes toy, cries when toy is taken).
- Imitate another child's behavior or activity (follows, laughs, pounds on drum).
- Respond to other children's emotions (when another child is upset child pats upset child's head or back to console).
- Use gestures and a few words to communicate (says "mine" or "no").
- Trade and shares toys with assistance.
- Accept adult help to solve problems.

TODDLERS MAY

- Be happy to see other children ("Denali is here!").
- Play side-by-side with children, shares toys (parallel and associative play).
- Share and takes turns, with assistance.
- Indicate preferences and intentions by answering yes/no questions ("Are you finished with that? Are you still using it?").
- Have preferred playmates.
- Recognize similarities and differences between self and others ("Nyamal doesn't like ham, but I do.").
- Be aware of feelings of others (moves towards upset child and offers a toy).
- Be aware of other children's belongings and space (puts another child's toy in their cubby during clean up).
- Imitate roles and relationships through play ("I'm the mom and you're the brother.").
- Use words and gestures to communicate ("Play with me", "Stop").

- Separate willingly from adults to play with other children.
- Make and maintains a positive relationship with at least one child (develops friendships).
- Initiate or enters play, with more than one child, shows flexibility in roles (cooperative play).
- Participate in simple sequences of pretend play ("It's time to feed the baby, I will get the bottle, you change her diaper.").
- Attempt to solve social problems, with assistance (asks for a timer, offers to trade, says "When I'm done you can have it.").
- Use mostly words and some gestures to communicate ("Do you want to play with me?").
- Interact with other children positively ("I want to be the dad, who do you want to be?").
- Share materials and toys, with assistance ("That is mine." Adult: "You left it here and Carmen saw it."). Helps other children and follows suggestions given by another child ("I'll help you clean up." "Ok, you do the blocks.").
- Have positive relationships in different settings (child has friends at school and church).
- Maintain positive relationships with

Goal 10: Children develop positive relationships with other children, continued





multiple children.

- Show understanding of another child's feelings and attempts to comfort them (child falls and is crying, another child goes to see if they are ok).
- Attempt to solve problems, seeks adult assistance ("Can we take turns?").
- Share materials and toys with other children.
- Initiate more complex cooperative play, with three or more children, for extended periods of time.
- Play games with rules, with assistance (adult teaches a simple board game and then children play).
- Play different roles and makes plans with children (leader, follower, dad, baby).
- Complete projects with other children (children make a fort with sheets. The fort changes often.).
- Use multiple strategies to solve problems (attempts to communicate and then seeks assistance).
- Demonstrate understanding of others' intentions or motives ("You wanted my toy because yours broke.").

Goal 11: Children demonstrate awareness of behavior and its effects



BABIES MAY

- Respond by quieting, smiling, cooing at loved ones and others.
- Engage in simple back and forth playful interactions with parent/ caregiver.
- Explore face and other body parts of others (touch caregiver ears, hair, hands).



MOBILE BABIES MAY

- Repeat actions many times to cause a desired effect (smile because it makes parent or caregiver smile and laugh).
- Show understanding that characters from books are connected with certain actions or behaviors (animal books and animal sounds).
- Recognize that certain adult actions are associated with expected behavior (I am supposed to go to sleep when an adult puts me in bed).



TODDLERS MAY

- Show understanding that playing with objects will get adult's attention, which includes both desirable and forbidden objects.
- Learn consequences of behavior, but may not understand why the behavior justifies the consequence (put away toy toddler is using to hit the wall, but doesn't understand why).
- Recognize that behaving with challenging ways will cause corrective action or unhappiness from adults.

- Show empathy for physically hurt or emotionally upset child.
- Describe other children's positive, thoughtful, kind behaviors.
- Demonstrate understanding of the consequences of own actions on others. ("I gave him the block and he is playing with it now.").
- Ask "why" questions about behavior he/she sees.
- Take turns and share with peers, with assistance. Practice empathetic, caring behavior so others respond positively.
- Describe how own actions make others feel and behave.
- Explain his/her response to others' actions and feelings ("I gave him a hug because he was sad.").
- Cooperate with peers to complete a project with little conflict.
- Guess how own and others' behavior will influence responses.

Goal 12: Children participate positively in group activities



BABIES MAY

- Look at, reach out, or explore others and shows recognition by smiling, reaching, and/or making sounds.
- Focus briefly on other children and adults in family and community gatherings



MOBILE BABIES MAY

- Express joy with other children or when a familiar adult is present.
- Begin to participate in simple play, side by side with other children.
- Show increasing interest in family and community gatherings.



TODDLERS MAY

- Follow family routines (meal time behavior).
- Show increasing excitement about being in the company of loved ones or trusted adults.
- Begin to share and take turns, with assistance.
- Participate in group games (chase, pretend play).

- Seek out other children to play with.
- Notice and comment on who is absent from group settings.
- Identify self as a member of a group (family, culture, school).
- Use play to explore, practice and understand social roles.
- Join a group of other children playing, with adult encouragement.

Goal 13: Children adapt to diverse settings



BABIES MAY

- Actively observe surroundings.
- Show recognition of a new setting by changing behavior (look to parent for response).
- Explore new settings with guidance from caregiver.



MOBILE BABIES MAY

- Begin to separate from primary caregiver in familiar settings outside home.
- Begin to explore and play in a range of familiar settings.
- Initiate simple social interactions with peers.



TODDLERS MAY

- Separate from primary caregiver in familiar settings outside home.
- Ask questions or acts in other uncertain ways in unfamiliar settings and environments.
- Explore and play in a range of familiar settings.
- Show comfort in a variety of places with familiar adults (home, community events, store, playground).

- Explore objects and materials and interact with others in a variety of group settings.
- Make smooth transitions from one activity/setting to the next during the day, with guidance.
- Adjust behavior to different settings. Express anticipation of special events in different settings.
- Adjust to a variety of settings throughout the day.
- Anticipate diverse settings and what will be needed in them, with assistance ("We are going to the library, so I will need the books.").

Goal 14: Children demonstrate empathy for others



BABIES MAY

- Watch and observe adults and children.
- Smile when they see a smiling face.
- May cry when another child cries.
- With assistance begin to notice animals and plants in nature/ outdoors.



MOBILE BABIES MAY

- Look sad or concerned when another child is crying or upset.
 May seek adult help or offer a toy or blanket to comfort child.
- Begin to help other children who are sad or hurt.
- Begin to explore plants, flowers and other living things through senses (touching, seeing, tasting, smelling, hearing).



TODDLERS MAY

- Notice other children who are happy or sad.
- Demonstrate awareness of feelings during pretend play (comfort a crying baby doll).
- Name emotions experienced by self and others.
- Express how another child might feel ("She is crying and must be sad.").
- Express interest and excitement about animals and other living things.

- Notice and show concern for another child's feelings.
- Adopt a variety of roles and feelings during pretend play.
- Care for and doesn't destroy plants, flowers and other living things with guidance.
- Act kindly and gently with safe, child-friendly animals. Describe how another child feels ("I think her feelings are hurt because I was picked to help rake leaves.").
- Comfort family members or friends who are not feeling well or are upset.
- Express excitement about special events and accomplishments of others.
- Be able to adjust plans in response to injured peer or animal ("I know we can't go to the gym today because David hurt his leg.").

Goal 15: Children recognize, appreciate, and respect similarities and differences in people



BABIES MAY

- Focus on primary caregivers, family for periods that grow longer as the child ages.
- Distinguish primary caregivers from others.
- Track activity of other children and move toward others. May reach out to touch other children's face, hair, etc.



MOBILE BABIES MAY

- Observe body parts and self in mirror.
- \circ Focus attention on others.
- Notice others' physical characteristics.
- Interact with others who are of different ethnic and cultural backgrounds, of
- different gender, speak other languages or have special needs.

TODDLERS MAY

- Begin to play in presence of other children.
- Ask simple questions about other children.

- Identify gender and other basic similarities and differences between self and others.
- Compare similarities or differences of others (hair color, skin color).
- Develop awareness, knowledge and appreciation of own gender and cultural identity.
- Begin to include other children in her/his activities who are of a different gender, ethnic background, who speak other languages, or have special needs.
- Ask questions about others' families, language, ethnicity, cultural heritage, physical characteristics. Shows concern about fairness within peer group.
- Recognize others' abilities in certain areas (Maria is a fast runner).
- Name and accept differences and similarities in preferences (food likes/dislikes and favorite play).
- Notice that children might use different words for the same object.
- Explore a situation from another's perspective.

Goal 16: Children show awareness of their unique self



BABIES MAY

- Vocalize to caregivers for assistance, attention, or need for comfort.
- Explore own body (observes hands, reaches for toes).
- Explore the face and other body parts of others (touches caregivers' ears, hair, hands).
- Listen and respond by quieting, smiling, cooing, gestures, or vocalizations when name is spoken.
- Show preference for primary caregivers.
- Identify familiar objects (bottle, blanket.)
- Smile at self in mirror.
- Notice and explore hands, eventually becoming aware they are attached and they can be controlled to do things.
- Point or moves toward desired people or objects.
- Play with one object more often than others.
- Repeat a motion or noise to see if outcome is the same.
- Indicate preferences by accepting or refusing certain foods.



MOBILE BABIES MAY

- Respond with head turn, gesture or vocalization when name is spoken.
- Respond or come when called by a familiar adult.
- Show awareness of self in voice, mirror image, and body.
- Attempt to complete basic daily living tasks (eating, getting dressed).
- Show preference for familiar adults and peers.
- Point or move toward desired people or objects.
- Repeat a motion or noise to see if outcome is the same.
- Protest when does not want to do something (arch back when doesn't want to sit in high chair).
- Respond to requests for action (claps for the song).
- Point to at least two body parts, when asked.



TODDLERS MAY

- Test limits and strive for independence.
- Recognize and call attention to self when looking in the mirror or at photographs.
- Identify self and uses own name when asked ("I am a boy." "My name is Rueben.").
- Show awareness of being seen by others (exaggerate or repeat behavior when notices someone is watching).
- Occupy self appropriately for brief periods of time (10 to 15 minutes).
- Identify objects as belonging to him or her.
- Point to and names some of own body parts.
- Show preference for familiar adults and peers.
- Make choices when given two to three options to choose (what clothes to wear).
- Show preference for favorite books, toys, and activities.
- Indicate preferences and intentions by answering yes/no questions ("Are you done with that?" "Are you still using it?" "Can José use it now?").

- Describe self as a person with a mind, a body, and feelings.
- Refer to self by first and last name and use appropriate pronouns (I, me) rather than referring to self in third person.
- Choose individual activities (doing puzzles, painting).
- Participate in pretend play, assuming different roles.
- Describe family members and begin to understand their relationship to one another.
- Show awareness of own thoughts, feelings, and preferences.
- Describe own basic physical characteristics.
- Try to get his/her way and express clear preferences.
- Test abilities through trial and error.
- Test limits set by caregiver.
- Develop awareness, knowledge, and appreciation of own gender and cultural identity.
- Identify feelings, likes and dislikes, and begin to be able to explain why he/she has them.
- Share information about self with others.
- Know some important personal information (family's name, street name).

Goal 16: Children show awareness of their unique self, Continued





2

- Play alone and with others, and enjoy him or herself.
- Accept responsibilities and follow through on (helps with chores).
- Request quiet time and space.
- Describe self, using several physical and behavioral characteristics ("I am tall and I can reach up high.").
- Describe own skills and abilities in certain areas ("I like to paint.").
- Suggest games and activities that demonstrate own preferences and abilities (sets up a game of catch).
- Notice different preferences between self and others ("I like to play with dolls and she likes to play with toy animals.").

Goal 17: Children demonstrate belief in their abilities to control motivation, behavior and social environment



BABIES MAY

- Repeat a sound or gesture that creates an effect (repeatedly shakes a rattle).
- Recognize that adults respond to his/her needs when expressed (is picked up when arms are raised toward adult).
- Explore environment, at first in close contact with caregiver and then farther away from caregiver as child grows.
- Smile when succeeding in a task/ activity.



MOBILE BABIES MAY

- Explore environment at increasing distances from caregiver, returning for reassurances.
- Look to caregiver when accomplishing new tasks (standing or walking).
- Give objects or toys to others (pick up ball, then reach to give it to caregiver).
- Smile and express joy when succeeding in a task/activity.



TODDLERS MAY

- Want to take care of self.
- Recognize own accomplishments.
- Show completed projects (drawing, pile of blocks) to caregiver.
- Act as though she/he is capable of doing new tasks and activities (copies use of adult tools, tries to sweep the floor with an adult-sized broom).
- Seek help after trying something new or challenging.

- Express delight with mastery of a skill ("I did it myself.").
- Ask others to view own creations ("Look at my picture.").
- Demonstrate confidence in own abilities ("I can climb to the top of the big slide!").
- Express own ideas and opinions.
- Enjoy process of creating.
- Take on new tasks and improve skills with practice (catching a ball).
- Express delight over a successful project and want others to like it too.
- Start a task and work on it until finished.

Goal 18: Children understand and follow rules and routines



BABIES MAY

- Develop increasing consistency in sleeping, waking, and eating patterns.
- Participate in routine interactions (quiet body when picked up, cooperates in dressing).
- Anticipate routine interactions (lift arms toward caregiver to be picked up).



MOBILE BABIES MAY

- Engage in some regular behaviors (sing or babble self to sleep, goes to high chair to be fed.)
- Follow some consistently set rules and routines.
- Anticipate and follows simple routines, with reminders and assistance (help to pick up and put away blocks at clean-up time).
- Begin to understand that change in activities, settings, and routines are part of the day and can be managed with adult support.



TODDLERS MAY

- Test limits and strive for independence.
- Anticipate and follow simple routines, with reminders and assistance (wash hands and help set table at snack time, help to pick up and put away blocks at cleanup time).
- Anticipate and follow simple rules, with reminders (expect to be buckled up when he/she gets in car seat).
- Accept transitions and changes in routines with adult support.

- Participate easily in routine activities (meal time, snack time, bedtime).
- Follow simple rules without reminders (handles toys with care).
- Demonstrate increasing ability to use materials purposefully, safely, and respectfully.
- Adapt to changes in daily schedule.
- Predict what comes next in the day, when there is an established and consistent schedule.
- Manage transitions and adapt to changes in schedules and routines with adult support.
- Engage in and complete simple routines without assistance (puts coat on to go outside to play).
- Follow rules in different settings (lower voice when enters library).
- Explain simple family or classroom rules to others.
- Manage transitions and adapt to changes in schedules and routines independently.

Goal 19: Children regulate their feelings and impulses



BABIES MAY

- Signal needs with sounds or motions (cry when hungry or reach for wanted object of comfort).
- Relax or stop crying when comforted (when swaddled or spoken to softly).
- Comfort self by clutching, sucking, or stroking when tired or stressed (calm while stroking or holding soft blanket).
- Communicate need for support or help from adults (hold out arms when tired).



MOBILE BABIES MAY

- Look to or seek comfort when distressed and accept comfort from a familiar adult.
- Comfort self by clutching, sucking, or stroking when tired or stressed (calm while stroking or holding soft blanket).



TODDLERS MAY

- Show developing ability to cope with stress and or strong emotions such as getting familiar toy or blanket, or seeking caregiver support.
- Name some emotions (happy, excited, sad, mad, tired, angry, scared).
- Begin to control impulses (say "no" when reaching for forbidden object; restrains self from stepping on a book on the floor).

- Express strong emotions constructively, at times with assistance.
- Recognize own feelings and desire to control self, with assistance.
- Calm self after having strong emotions, with guidance (go to quiet area or request favorite book to be read when upset).
- Wait for turn and sometimes show patience during group activities.
- Stick with difficult tasks without becoming overly frustrated.
- Express self in safe and appropriate ways (express anger or sadness without fights.)
- Show ability to control destructive impulses, with guidance.
- Seek peaceful resolution to conflict.
- Stop and listen to instructions before jumping into activity, with guidance.

Goal 20: Children express appropriately a range of emotions



BABIES MAY

- Cry, use other vocalizations, facial expressions, or body language to express emotions and to get needs met.
- Frown in response to discomfort or inability to do something.
- Smile, wave, or laugh in response to positive adult interaction.



MOBILE BABIES MAY

- Respond to emotional cues and social situations (cry when other babies cry).
- Smile, wave, or laugh in response to positive adult interaction.



TODDLERS MAY

- Recognize and express emotions towards familiar people, pets, or possessions with appropriate facial expressions, words, gestures, signs, or other means.
- Name emotions (happy, excited, sad, mad, tired, scared).
- Learn about own feelings and that it is ok to feel silly, sad, angry, and all other emotions.

- Name and talk about own emotions.
- Use pretend play to understand and respond to emotions.
- Associate emotions with words and facial expressions.
- Express a broad range of emotions across settings, during play and interactions with peers and adults.
- Share own excitement with peers, caregivers, and adults.
- Acknowledge sadness about loss (change in caregiver, divorce, or death).
- Not inhibit emotional expression (cry when feeling sad; name some levels of emotion such as frustrated or angry).

Goal 21: Children demonstrate awareness of family characteristics and functions



BABIES MAY

- Kick legs and squeal when familiar adult appears.
- Initiate contact with caregivers.
- Develop and maintains trusting relationships with primary caregiver.



MOBILE BABIES MAY

- Show affection (hugs and kisses) to familiar adults.
- Address at least two family members by name.
- Recognize immediate family members in photographs.



TODDLERS MAY

- Recognize family members by voice. Know own first and last names.
- Recognize role within own home ("Daddy cooks supper and mommy washes the dishes.").
- Pretend to nurture a doll by feeding and talking to it.
- Give names to toys and dolls that reflect family and circle of friends.
- Identify boys and girls.
- Recognize that family members' hunting will provide for family.
- Comply with simple two-part requests that involve waiting ("Eat your breakfast and then we'll play with the blocks.").

- Recognize extended family members (cousins, aunts, uncles).
- Talk about how other children have different family compositions.
- Quickly adjust to a new rule (lining up inside the building rather than outside when the weather gets colder or it rains).

Goal 22: Children demonstrate awareness of their community, human interdependence, and social roles



BABIES MAY

- Begin to watch other children.
- Reach out to touch other children or grab their toys.



MOBILE BABIES MAY

- Recognize the names of other children.
- Recognize family members of other children.
- Begin to participate in simple parallel play with other children.

TODDLERS MAY

- Identify the possessions of other children.
- Show interest in peers by including them in play, referring to them by name.
- Recognize that different people have different roles and jobs in the community. Show interest in community workers (garbage collector, Village Public Safety Officer, mail carrier, health aid).
- Participate in family routines.

- Recognize others' capabilities in specific area ("That woman is good at fixing cars.").
- Identify some types of jobs and some of the tools used to perform those jobs.
- Understand personal responsibility as a member of a group ("If you put away the toys, then I'll clean up the art table.").

Goal 23: Children demonstrate civic responsibility



BABIES MAY

• Look to caregivers for assistance and guidance.



MOBILE BABIES MAY

- Follow simple directions.
- Try out roles and relationships through imitation (smile at self in mirror, plays peek-a-boo).
- Request assistance when needed.

TODDLERS MAY

- Identify the possessions of other children.
- Show interest in peers by including them in play, referring to them by name.
- Recognize that different people have different roles and jobs in the community. Show interest in community workers (garbage collector, Village Public Safety Officer, mail carrier, health aid).
- Participate in family routines

- Recognize others' capabilities in specific area ("That woman is good at fixing cars.").
- Identify some types of jobs and some of the tools used to perform those jobs.
- Understand personal responsibility as a member of a group ("If you put away the toys, then I'll clean up the art table.").

Goal 24: Children demonstrate awareness and appreciation of their own and others' cultures



BABIES MAY

- Demonstrate an interest in themselves (observing themselves in a mirror, looking at their own hands and feet).
- Use gestures to communicate their interest in objects and people.
- Smile when someone familiar smiles at them.
- Focus their attention on others and engage in interactions.
- Kick their legs or reach with their arms when they see a familiar person.
- Actively explore the similarities and differences among people by feeling their hair, touching their faces, watching their facial expressions, listening to their voices.



MOBILE BABIES MAY

 Look to caregivers for assistance, guidance, and safety. Distinguish among familiar and unfamiliar people.



TODDLERS MAY

- Demonstrate an understanding of simple rules, and prompts, such as "stop," but often does not follow direction.
- "Chats" with family members, although only half of the words they use may be recognizable.
- Identify known people in photographs.
- Shadow adults in their work by imitating such activities as sweeping or picking up toys, and attempting to help.
- Identify basic similarities and differences between themselves and others.

- Follow rules and understand that there may be different rules for different places.
- Share information about their family and community.
- Identify themselves as members of a family or classroom.
- Create art that contains realistic elements (pointing to one of their drawings and saying "This is my house.").
- Engage in pretend play and act out different settings or events that happen at home (being a doll's "Daddy" or using a spoon to feed a doll).
- Demonstrate an understanding of the rights and responsibilities in a group (following simple classroom rules, participating in classroom clean-up).
- Demonstrate an awareness of and appreciation for personal characteristics ("That man is nice.", "She has red hair.").